



Bearing

SAFETY & SECURITY

Know your bearing.

UK Ready

A two-phase safety and security orientation programme for international students arriving in the UK - delivered before they land, and again in their first two weeks of arrival.

10 online modules | 7 hours in person | 16 students maximum | **Certificate** and parent report

WHY

More than 400,000 international students arrive in the UK for the first time each year*. For the parents funding it from overseas, it is also the first time their child has lived away from home. Safety weighs heavily: 75% of prospective international students rank safety and a welcoming place among their top five factors when choosing where to study, and QS advises universities to reassure parents on exactly that. (QS International Student Survey 2024; QS 2025)

Most students receive a strong welcome when they arrive. What that period rarely has room for is practical capability - the difference between knowing risks exist and having rehearsed what to do. UK Ready gives students something they have actually practised: a child who arrives prepared, not just reassured - and real peace of mind for the families who care about them.

WHAT

Phase 1 • Online Foundation

10 modules • 2 hours video • self-paced • completed before arrival

1. UK life and what to expect
2. Getting around safely
3. Scams, fraud, and digital safety
4. Emergencies - whom to call and when
5. Pickpockets - protecting yourself and your belongings
6. Personal wellbeing and mental health
7. Drink spiking and night safety
8. Recognising and reporting harassment
9. Knowing what to do in an emergency
10. Your personal safety plan, submitted for review

Phase 2 • Practical Day

6 sessions • 7 hours • max 16 students • within first two weeks of arrival

1. Debrief and safety plan review
2. Situational awareness, with outdoor exercise
3. Conflict avoidance, de-escalation, and personal safety
4. First aid for mental health
5. Emergency first aid - CPR, AED, choking, anaphylaxis
6. Scenario practice and close
 - Hands-on practice in small groups throughout
 - Phone configured and tested for an emergency
 - Certificate[†] and parent completion report

WHAT STUDENTS LEAVE WITH

Practised skills

First aid, de-escalation, and getting away safely - rehearsed hands-on, not just read.

A working safety plan

Built through the programme and checked by an instructor, specific to where they live.

Evidence for the record

A named certificate[†] and a parent completion report - giving families confidence and evidence of care.

ABOUT BEARING UK READY

UK Ready is designed and delivered by a team whose background spans the Royal Marines Commandos, close protection and professional security, UK policing, FREC-qualified emergency medicine, Level 3 Supervising First Aid for Mental Health, conflict management, and professional education - operational experience taught to a professional education standard, by people qualified to deliver every element of the curriculum, enhanced DBS-checked and working within a full safeguarding framework.

*Sponsored study visas granted, Home Office, 2024. [†]Designed to CPD accreditation standards; accreditation in progress.

THE ASK

A conversation about working together

We are speaking with a small number of partners ahead of our commercial launch in January 2027, and we'd value a conversation about how UK Ready could work alongside what you offer the families you support. We're running complimentary pilot cohorts this autumn to prove the programme - happy to share what comes out of them. No commitment beyond the conversation.